

Professional Speaker/Coach Biography

Sharol Tyra, PCC, CPCC, RN has over 25 years of experience in business and healthcare including clinical/patient/college teaching, administration, clinical practice, certified coaching, writing, and speaking. Her most popular keynote is See the Vision & Succeed. Tyra authored 4 published articles. Her fun, engaging, intuitive, and inspirational presentations make her a popular speaker for conventions and celebrations.

Sharol Tyra, PCC, CPCC, RN is the Founder & President of Life Illumination Presentations & Coaching. Life Illumination™ is a way of being fully alive in the moment. As a Professional Speaker, Adjunct College Instructor, and Internationally Certified Coach, Tyra works with and speaks to audiences who want to achieve a higher level of success and get more out of life. In her keynote presentations, Tyra lightens up people by offering content with an inspirational style, insight and humor. Succeed with Ease™ helps people get to the heart of matters and create Significant Sustained Change™ which allows you to contribute purposefully, speak your Truth, and be more confident. Coaching Services can be offered as a follow up service to a feature presentation or workshop, as well as a stand-alone service. Tyra is passionately involved with her community, family, and business. Her contagious energy for life comes across in the compelling, authentic stories she shares. Her personal and professional experiences make her a compassionate coach and speaker, able to understand the ebb and flow of life's rolling tides.

Tyra knows what people want... and she knows what High Achievers need to know! She taps her education, both as a Summa Cum Laude graduate of the Bachelors program from Augsburg College and as a graduate of the Co-Active Leadership Residential Program from the Coaches Training Institute, to complement her 20 year award-winning nursing career and success as an entrepreneur. Tyra is the author of four articles, including, *Coaching Nurses: A Real Example of a Real Difference*, Creative Nursing, Volume 14, Number 3, 2008.

Sharol completed additional coursework through the National Speakers Association, NSA, and is a member of NSA, and on the Board of Directors, NSA-MN. She completed certifications through the International Coach Federation and is a Professional Certified Coach (PCC). She was appointed to a leadership role as a Leadership Program Assistant in the Coaches Training Institute after her graduation from its program, and is a Certified Professional Co-Active Coach (CPCC). She is also a member of the Minnesota Coaches Association, I-94 West Chamber of Commerce – Ambassador, and Minnesota Organization of Leaders in Nursing, MOLN – Star Award recipient 2008.

Tyra began volunteering at 14, as a Candy Striper, being of service with heart to ignite aliveness within patients and staff. She also spent a decade facilitating and supervising support groups, collaboratively facilitating change in organizations and setting public policy for a better world. Tyra has served on numerous health and human service advisory and executive boards at local and state levels. Her big vision now is to help people expand their horizons, and design their fulfilling life. Audiences from all walks of life testify that Tyra's lasting impact energizes them to be responsible for happiness long after her presentation. Tyra is a featured expert in several professional publications pertaining to work/life balance, management coaching, discovering true Essence, and job satisfaction. Her personal accomplishment is a deep abiding love and evolving relationship with her husband, Dan, and their precious son, Blake.

Sharol works with organizations and individuals delivering powerful and inspiring messages on how to lead a fulfilling life of leadership. Sharol Tyra provided well-received presentations for clients, such as: Baptist Health, Augsburg College, Anoka-Ramsey Community College, Minnesota Department of Transportation, Foley and Mansfield Law Office, Minnesota Coaches Association, Petters Group Worldwide, and St. Louis County.

Sharol generates the energy and enthusiasm that makes your event memorable and effective.

Sharol's experienced touch is the perfect enlightenment for your group, from identifying busy-itis to bringing passion and heart to your work and life.

