

Only a nurse leader appreciates the scope and complexity of what nurse leaders do...

Sharol's Coaching for Nurse Executives

Dedicated to Helping You Succeed with Ease and Expand your Horizons



Is Coach Sharol's **Inner Circle Coaching Program** right for you?

It may be if you have the desire to set a new vision to be more aware and confident, consistently leverage your strengths, unique talents, and skills and need to be unstuck from avoidance, fears and self-limiting beliefs that do not serve you or others.

Answer the following questions and find your answer within yourself.

1. Do you spend your time putting out fires and moving important visionary ideas to the back burner at work and at home?
2. Are you willing to spend your time moving toward your vision and find new ways to prevent the daily fires or hemorrhages that consume your valuable time?
3. Do you want to reach for ease with work-life integration and set down struggling with competing priorities?
4. Does the gap between where you are and where you want to be with your vision feel insurmountable?
5. Do you want to close the gap more quickly, effectively and with greater outcomes from where you are to where you want to be?
6. Does it seem like your nursing career is in control of you and your life?
7. Do you want a coaching partnership that provides support, an unbiased sounding board, veracity, challenge, humor, and accountability to keep you on track with your goals?

If you answered "**Yes**" to any of these questions, then Inner Circle Coaching is right for you.

Sharol speaks, trains and coaches nurse executives to create work-life integration and be more influential in achieving their vision.

Working with Coach Sharol helps you focus on what is most important to you and your organization. Internationally Certified Coach Sharol offers you leadership competencies, motivational interviewing, intuitive insights, practical ideas, challenges, accountability, and break through actions. Sharol's coaching is designed for you to get the impact you desire.

"In our Inner Circle group coaching, real things you've said Sharol, just click in my head and stick. I love the new perspectives for my role as Director of Nursing and with my family! Observing other Directors being coached by Sharol - it's easy to stay involved and fascinating."

K.S., Jul 15, 2009



©Sharol Tyra, PCC, CPCC, RN ✨ Executive-Life Coach ✨ 763.477.9186 ✨
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My nurse executive clients come to me from all over the world, and they tell me that I'm excellent at helping them *Get to the Heart of Matters* and achieve goals beyond what they could have imagined. My own passion is ignited by helping nurse executives who want to achieve a higher level of success, and get more out of life. When you feel more fully alive, that energy is fuel for your passion and goals. As we work together creating your business plan and designing your life, you will experience amazing *Aha!* moments that will free you up to see things from new perspectives and move forward.



The Inner Circle Coaching Program is designed for the nurse executive who desires a coaching partnership approach to develop work-life integration and be a more influential leader by using proven strategies, applying insightful coaching tools, changing attitudes, feelings, behaviors and self-limiting thinking that block you. You will develop a community with rich perspectives, deepen your work-life experiences, and keep you in action aligned with your values and desires. Nurse executives are naturally creative and resourceful! I can help you focus on the now and the future to close the gap on where you are to where you want to be, navigate with a higher level of emotional intelligence, and develop as an authentic nursing leader. Inner Circle Coaching consists of:

- ★ Twenty-seven 1 hour group coaching appointments.
- ★ All calls on the telephone for comfort and to accommodate your busy schedule.
- ★ Calls are the first 3 Wednesdays of each month at 7:30 AM CT.
- ★ Each week receive proven systematic contexts for learning success, work-life integration, experience coaching by being coached and/or by listening and observing several nursing peers being coached with similar challenges or goals, accountability for your commitments, written materials, and an interactive, inspirational environment! Coach Sharol limits circle to 15 clients.
- ★ Employers frequently pay for this affordable 9 month coaching program for professional or business development, or leadership advancement. Check with your CPA, coaching may be a deductible expense.



Together, we create a powerful synergy in our coaching relationship that helps you sustain your momentum to get faster and bigger results! Call me to learn more about the Inner Circle Coaching Program. I look forward to scheduling your *complimentary* 20 minute coaching consultation, so contact me today at 763-477-9186 or Sharol@LifeIllumination.com. Focus on the investment in yourself today and in the future as you see the benefits unfold week after week.

"Inner Circle Coaching has led me to lots of self realizations and heightened awareness in my Director of Nursing position as well as my personal life. Thank you Sharol."

A.Z., July 15, 2009

Certified Coach Biography



Sharol Tyra, PCC, CPCC, RN specializes in success and life fulfillment. She taps into own her work-life experience, spanning 30 years, as a professional certified coach, entrepreneur, principal administrative assistant, nursing supervisor, compassionate mom, wife, volunteer, speaker and author. Her most popular keynote, *See the Vision & Succeed*, has been seen by hundreds across the USA, touching thousands more through her many published articles. Her engaging and inspirational coaching style has led her to the privilege of helping hundreds of nurses achieve their vision by closing the gap between where they are and where they want to be. Visit www.LifeIllumination.com



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